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**Abstract**

The aim of this paper is to propose a basic model to analyse processes of change in educational institutions taking into account both individual and contextual variables. It aims to identify the basic factors of change in order to contribute to reduce the dispersion of research projects, both from close subjects and one subject alone within human sciences, in order to make scientific accumulation easier and to guide social practice better. This proposal is based on Cryer and Elton's (Studies in Higher Education, 1: 75-86, 1990) contributions, in this case applied to the learning processes of university students. They may account for static and dynamic aspects. To prove its coherence, it has been statistically compared with the data of a survey carried out among university students in Catalonia (Spain). (HRK / Abstract übernommen) Masjuan, Josep M., E-Mail: josepmaria.masjuan@uab.es