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**Abstract**

Developing students' understanding of their own cultural background, enhancing their intercultural understanding and ultimately accepting and valuing alternative cultural perspectives, have had an increasing profile in higher education programmes of study over recent years. This has been driven by the international movement of peoples and the human rights movement, both of which have increased awareness of equality and diversity issues. The focus of this article is a reflective tool developed by Cardiff Metropolitan University to gauge the current capacity of programmes of study to develop students' cultural understanding. (HRK / Abstract übernommen)