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**Author**

POSTAREFF, Liisa

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**Abstract**

The present follow-up study examines the effect of university teachers' pedagogical training on approaches to teaching and self-efficacy beliefs measured by Approaches to Teaching Inventory and an additional part measuring motivational strategies. The effect of pedagogical training on teaching is analysed among 35 teachers who had not participated in pedagogical courses after the first measurement in 2004 as well as among 45 teachers who had acquired more pedagogical training after the first measurement. The results showed that there were more positive changes in the measured scales among teachers who had acquired more credits of pedagogical courses since the year 2004 than among teachers who had not acquired more credits. The results of the first and second measurements are compared. (HRK / Abstract übernommen) Postareff, Liisa, E-Mail: [liisa.postareff@helsinki.fi](mailto:liisa.postareff@helsinki.fi)